

Wraps

Falafel & Hummus Wrap V	£8.00
Halloumi & Hummus Wrap V	£8.50
Chicken Shish Wrap	£8.50
Lamb Shish Wrap	£9.50
Chicken Kofte Wrap	£8.50
Lamb Kofte Wrap	£8.50

Salads

Chicken & Halloumi Salad G	£11.90
Chicken Caesar Salad	£9.90
Shepherd's Salad V G	£7.50
Green Salad V G D	£4.50
Greek Salad V G	£7.50

Burgers & Nuggets

Chicken Fillet Burger	£6.00	Meal £8.50
Veggie Burger V	£5.50	£8.00
8pcs Nuggets	£5.50	£8.00

Kids

Chicken Nuggets & Chips D	£5.50
Chicken Shish & Chips G D	£7.50
Chicken Wings & Chips G D	£7.50

Sides

Chips	£2.70
Bulgur Wheat Rice	£2.70
Mashed Potato	£3.00
Chips & Cheese	£3.90
Sweet Potato Fries	£3.95
Sauteed Potatoes	£4.00
Mushrooms	£3.00
Onion Rings	£4.00
Bread	£2.20
Strained Turkish Yoghurt	£3.00
Sauce Pots (Chilli, Sweet Chilli, Garlic, Mayo, Ketchup, BBQ).	£1.00

Drinks

Cans Coke, Diet Coke, Tango Orange, 7UP	£1.50
Bottles Coke, Diet Coke, Tango Orange, 7UP (1.5L)	£3.00

Desserts

Baklava	£5.00
Chocolate Fudge Cake	£5.20
Sutlac (Rice Pudding)	£5.00
Kids Ice Cream Punky	£4.00

At Ela restaurant we offer simple but brilliantly executed Mediterranean dishes in the heart of Stowmarket. It is the culmination of creative ideas & passion for food, drink & entertainment. Carefully chosen fish & vegetables are skewered & grilled over hot charcoal by chefs with 25 years of experience.



Monday: Closed
Friday - Saturday: 4pm - 11pm
Sunday - Thursday 4pm - 10pm

FOOD ALLERGIES & INTOLERANCES:

Please ask a member of staff about the ingredients in your meal when making your order. Our Food May Contain: (Celery, Gluten, Fish, Crustaceans, Eggs, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame Seed, Soya, Sulphur Dioxide). Great care has been taken to remove all bones, but some may remain.



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@elaturkishcuisine



Ela

TRADITIONAL TURKISH BARBEQUE & MEZE BAR



A welcoming atmosphere, authentic decor & delicious food, enjoy the real taste of Turkey!

www.elarestaurant.co.uk



10% Discount
Collection Only

Delivery charge up to
2 miles - £2.00, 4 miles - £4.00, 5 miles - £5.00, 6 miles - £6.00

36 Union Street West, Stowmarket IP14 1HW

Tel: 01449 614 446

Cold Meze

Cold Meze Platter Hummus, Cacik, Saksuka, Carrot Tarator, Spicy Ezme **£17.50**

Hummus N V D Puree of chickpeas, lemon, tahini & garlic.	£5.50
Tarama V D Cod roe, lemon juice & olive oil blended into a light mousse.	£5.50
Cacik V G A mixture of yoghurt, garlic & cucumber.	£5.50
Stuffed Vine Leaves V G D Fresh vine leaves stuffed with rice, dill & aromatic herbs.	£5.50
Carrot Tarator V G Pan fried carrots & garlic, blended with strained Turkish yoghurt.	£5.50
Beetroot Tarator V G Pickled beetroot grated & blended with strained Turkish yoghurt.	£5.50
Saksuka V G D Cubed aubergine, onions & peppers blended with a tomato sauce.	£5.50
Spicy Ezme V G D Finely chopped tomato, onions, fresh parsley, peppers and chilli.	£4.50
Olives Marinated olives.	£4.50
Prawn Cocktail G D Prawns served in a cocktail sauce, garnished with lemon.	£6.00

Hot Meze

Hot Meze Platter Halloumi, Falafel, Sucuk, Sigara Borek, Calamari **£18.50**

Halloumi V G Roasted red peppers, stuffed with pan-fried halloumi served with olive oil.	£6.00
Sucuk G D Char-grilled Turkish garlic sausage.	£6.00
Falafel N V D Broad beans, chickpeas & vegetable fritters served with hummus & topped with a tomato sauce.	£6.00
Sigara Borek V Filo pastry filled with feta cheese & herbs.	£6.00
Mucver V Pan fried Turkish fritters made from grated courgettes, carrots, spring onion, mint, parsley, feta cheese, egg & flour.	£6.00
Jumbo Calamari D Battered squid rings deep fried & served with homemade tartar sauce.	£6.00
Garlic Mushroom V G Fresh mushrooms pan fried with garlic butter, topped with cheddar cheese.	£6.00
Spicy Wings BBQ spicy wings served with chilli.	£6.00
Muska Borek D Filo pastry filled with aromatic minced meat (spicy).	£6.00
Crispy Butterfly King Prawns Prawns coated in breadcrumbs deep fried & served with sweet chilli dip.	£6.00
Whitebait Deep fried coated whitebait, served with fresh salad & homemade tartar sauce.	£6.00
Scampi Fresh scampi served with homemade tartar sauce.	£6.00

Ela Platter to Share 2

Served with bulgur wheat rice & mixed salad.

Lamb shish, lamb kofte, chicken shish, chicken kofte, chicken wings & lamb chops.

FOR 2 PEOPLE **£34**

Signature Meze

Arnavut Liver D Fresh lamb's liver diced & coated in seasoned flour, fried & served with red onions, parsley & lemon.	£6.50
King Prawns G Pan fried king prawns with garlic butter, chilli & cream.	£6.50
Karides Casserole Prawns with tomatoes, peppers, mushrooms & cream, seasoned & baked in a clay pot, topped with cheddar cheese.	£6.50
Hummus Kavurma N D Hummus pan fried with diced lamb.	£6.50

Traditional Turkish BBQ

All dishes are cooked over our charcoal BBQ & served with Bulgur Wheat Rice & Salad

Chicken Shish G Marinated cubes of chicken breast skewers.	£12.90
Lamb Shish G Marinated cubes of succulent lamb skewers.	£15.90
Mix Shish G Marinated cubes of lamb & chicken skewers.	£14.90
Chicken Shashlik G	£15.90
Lamb Shashlik G A choice of chicken or lamb shish, cooked over the barbeque with a skewer of onions & peppers presented in a dish with halep sauce topped with melted butter.	£16.90
Lamb Ribs G D Sprinkled with chef's special seasoning & charred over the barbecue.	£15.90
Lamb Chops G D Seasoned tender lamb chops.	£18.90
Chicken Kofte G D Skewers of minced chicken, prepared with Mediterranean spices & herbs.	£12.90
Lamb Kofte G D Skewers of minced lamb, prepared with Mediterranean spices & herbs.	£13.90
Chicken Wings G Marinated chicken wings.	£12.90
Mix Grill G A selection of lamb shish, chicken shish, lamb kofte, chicken wings & lamb chop.	£21.00

BBQ Fish Dishes

Served with either Bulgur Wheat Rice or sauteed potatoes, and salad.

Scampi Fresh scampi served with homemade tartar sauce.	£12.00
Calamari Battered squid rings deep fried and served with homemade tartar sauce.	£13.00
King Prawn Casserole Prawns with chilli, cream, fresh tomatoes, peppers & mushrooms, baked in a clay pot, topped with cheese.	£17.90
Swordfish Marinated swordfish loins, cooked over the barbecue for extra flavour.	£17.90
Sea Bass Barbecued sea bass.	£18.90
Salmon Salmon cooked over the barbecue & seasoned.	£15.90

Ela Platter to Share 4 - 6

Served with bulgur wheat rice & mixed salad.

Lamb shish, lamb kofte, chicken shish, chicken kofte, chicken wings, lamb ribs & lamb chops.

FOR 4 PEOPLE **£65** FOR 6 PEOPLE **£95**

Ela House Special

All dishes served with Bulgur Wheat Rice

Hunkar Begendi Succulent cubes of grilled lamb served on a bed of smoked aubergine and bechamel sauce puree.	£15.90
Chicken Casserole G D	£14.00
Lamb Casserole G D Cubes of succulent lamb, aubergine, mushrooms, onions, peppers & tomatoes.	£15.00
Lamb Shish Iskender	£17.00
Chicken Shish Iskender	£15.00
Lamb Kofte Iskender	£15.00
Chicken Kofte Iskender A choice of either lamb shish, chicken shish, lamb kofte or chicken kofte, laid on a bed of diced bread, topped with a butter & tomato sauce & yoghurt.	£14.00
Halep Kebab Choice of lamb kofte or chicken kofte or chicken shish with halep sauce & butter sauce on the bed of Turkish bread.	£15.00
Lamb Sote	£15.00
Chicken Sote A choice of either chicken or lamb cubes cooked with onions, chilli, peppers & tomatoes	£14.00
Chicken Sarma Beyti (Cheese is optional - costs an additional £1).	£14.00
Lamb Sarma Beyti (Cheese is optional - costs an additional £1). A choice of either chicken or lamb kofte wrapped in a tortilla, cooked on the barbecue until crisp. Topped with a butter & rich tomato sauce. Finished off with a drizzle of fresh yoghurt.	£15.00
Meat Musakka Layers of sliced aubergine, potato, green peppers, courgettes, carrots & spiced minced lamb, topped with a bechamel sauce & cheddar cheese, baked in the oven.	£15.00

Vegetarian Dishes

Vegetable Musakka V Layers of sliced aubergine, potato, green peppers, courgettes & carrots, topped with bechamel sauce & cheddar cheese. Baked in the oven & served with bulgur wheat rice.	£14.00
Vegetable Casserole V G Onions, peppers, mushrooms, courgettes, aubergines, fresh tomatoes & herbs in a tomato sauce. Cooked in a clay pot & topped with cheddar cheese. Served with bulgur wheat rice.	£13.00
Vegetable Kebab V G Skewer of onions, peppers, mushrooms, aubergines & courgettes. Cooked over the barbecue. Served with halloumi, bulgur wheat rice & halep sauce.	£14.00
Vegetable Beyti V Hummus, falafel, saksuka and halloumi cooked on the barbecue & wrapped in tortilla. Topped with a butter & rich tomato sauce. Finished off with a drizzle of fresh yoghurt.	£14.00
Halloumi Kebab N V Roasted red peppers, stuffed with pan-fried halloumi. Served with hummus and bulgur wheat rice.	£14.00
Falafel Kebab N V D Deep fried broad beans, chickpeas, spices & herbs, vegetable fritters. Served with bulgur wheat rice & hummus.	£13.00

N = CONTAINS NUTS **V** = SUITABLE FOR VEGETARIANS
D = DAIRY FREE **G** = GLUTEN FREE